

# MegaKick Martial Arts Class Schedule

Effective 2/03/2025

## TINY LIONS

(AGES 4-5)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:20 - 5:50 PM		6:00 - 6:30 PM			10:40 - 11:10 AM

CHILDREN

(AGES 6-12)

CLASS TYPE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
INTRO	5:50 - 6:30 PM	<b>FAMILY CLASS</b> 6:40 - 7:20 PM	5:20 - 6:00 PM	<b>FAMILY CLASS</b> 6:00 - 6:40 PM	4:40 - 5:20 PM	11:10 - 11:50 AM
LEVEL 1	6:30 - 7:10 PM	5:20 - 6:00 PM	FAMILY CLASS 7:10 - 7:50 PM	4:40 - 5:20 PM		11:50 - 12:30 PM
LEVEL 2	<b>FAMILY CLASS</b> 7:10 - 7:50 PM	4:40 - 5:20 PM	6:30 - 7:10 PM	<b>FAMILY CLASS</b> 6:00 - 6:40 PM	5:20 - 6:00 PM	11:50 - 12:30 PM
LEVEL 3	FAMILY CLASS 7:10 - 7:50 PM	6:00 - 6:40 PM	4:40 - 5:20 PM	<b>FAMILY CLASS</b> 6:00 - 6:40 PM	6:00 - 6:40 PM	11:50 - 12:30 PM
BLACK BELT	4:40 - 5:20 PM	6:00 - 6:40 PM W/ LEVEL 3	4:40 - 5:20 PM W/ LEVEL 3	5:20 - 6:00 PM	6:40 - 7:20 PM	FAMILY CLASS 10:00 - 10:40 AM

FAMILY CLASS

(AGES 6+)

CLASS TYPE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
INTRO	7:10 - 7:50 PM	6:40 - 7:20 PM	7:10 - 7:50 PM	6:00 - 6:40 PM		10:00 - 10:40 AM

## TEEN & ADULT CLASS

(AGES 13+)

CLASS TYPE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
INTRO	7:50 - 8:30 PM	7:20 - 8:00 PM	7:50 - 8:30 PM	6:40 - 7:20 PM		FAMILY CLASS 10:00 - 10:40 AM

ELITE DEMO TEAM

9:00

ATURDAY	SUNDAY		
0 - 10:00 AM	9:00 - 11:00 AM		

– ELITE SPARRING TEAM –

THURSDAY
7:20 - 8:40 PM
MANDATORY

— LEADERSHIP TEAM

SATURDAY

12:30 - 1:30 PM

EVERY 1ST SATURDAY

#### - SPARRING WEEK SCHEDULE -

**SPARRING WEEK** WILL TAKE PLACE THE WEEK PRIOR TO BELT PROMOTION TESTING UNLESS OTHERWISE ANNOUNCED.

#### – BELT TESTING SCHEDULE –

**TESTING** WILL TAKE PLACE ON THE LAST THURSDAY OF EACH MONTH UNLESS OTHERWISE ANNOUNCED.

### PLEASE NOTE: CLASS SCHEDULE SUBJECT TO CHANGE DUE TO EVENTS AND TEAM PRACTICES